Part 1 - Beyond Gluten Sensitivity: An Exploration into the Many Facets of GUT Imbalance, Diagnosis and Repair

Part 2 - Case Studies: How to Apply Clinical Nutrition in a Chiropractic Practice

Presenter
Dr. Christopher Bump, DC, MS, CNS, DABCN

Part 1: This lecture will begin with a detailed review of gluten sensitivity, celiac disease and how antigenic foods create imbalance within the gastrointestinal tract. With the increased awareness that gluten containing foods cause a myriad of various diseases and are associated with countless signs and symptoms, it is important to understand this pathophysiology. But besides gluten, there are numerous other food antigens that cause similar reactions as gluten such as casein in dairy, soy, eggs and peanuts. There are also many other environmental factors that affect the health of our guts such as histamine reactions, lectins, lipopolysaccarides (LPS), mannose binding lectin and bacterial overgrowth in the small bowel. These will also be discussed, with a review of the current medical health literature. Further we will look at the relation between gut imbalance and other organ systems with special emphasis on autoimmune disorders. We will also explore the various diagnostic tools available to the clinician including symptom surveys, reference laboratory tests and specialty lab tests. Once we have defined the problems we will then look at the therapeutic approaches to gut rehabilitation including the 4R program.

Part 2: In this lecture various case studies will be presented that will provide the Chiropractic Physician insight into a nutritional approach for the management of their patients. There are numerous examples of conditions that are supported adjunctly by including nutrition into the therapeutic regime. Muscle spasms, osteo and rheumatoid arthritis are obvious examples of conditions that improve with nutritional interventions. However there are many conditions that contribute to chronic inflammatory issues that affect joint and spinal biomechanics. Increased gut inflammation, such as irritable bowel syndrome, leaky gut, food intolerances and toxicity due to environmental exposure are examples. And there are many chronic microbial infections too, such as Lyme Borrelia Bourgdorferi, Epstein Bar Virus and Blastocystis that are implicated in musculo-skeletal signs and symptoms. We will look at a useful cross-section of patients presenting with several conditions and discuss diagnostic and treatment strategies.

*CEUs are processed and issued by New York Chiropractic College (NYCC)

Please complete the form below to reserve your spot!

Fax to ANJC HQ at 908-722-5677 Questions? Call HQ at 908-722-5678

Name

Address

City State Zip

Email Phone Fax

Cancellation Policy: Cancellations must be received in writing no later than 4:00pm on March 20, 2015. Cancellations received after that time, and no-shows the day of the program will automatically be charged a $50 administrative fee.